Moms and Babies First



OHIO'S BLACK INFANT VITALITY PROGRAM

Helps to reduce the number of low birth weight babies and infant deaths within the ethnic communities of Summit County.



Our Certified Community Health Workers conduct regularly scheduled home visits, educating parents on prenatal and postpartum care, along with information/education on infant health and care through age one.

Clients are scheduled for home visits throughout every stage of the pregnancy, and remain with their assigned Certified Community Health Worker until the child reaches age one. The goal of the Moms & Babies First program is to target women early in their pregnancies (preferably first trimester) who may have risk factors that can contribute to poor pregnancy outcomes. These risk factors include, but are not limited to: age, previous pregnancy with a poor outcome, homelessness, low income, under/uninsured, poor nutrition, smoking, abuse. A risk assessment is included.

WHAT WE DO:

- Educate on the stages of pregnancy
- Monitor understanding of health education received from clinics, social service agencies
- Continuously monitor the health status of the expectant mother and newborn
- Make referrals to agencies for assistance
- Reinforce positive changes in health behaviors
- Provide prenatal education
- Discuss healthy eating and nutrition habits
- Educate about expectations for each trimester
- Discuss how to care for self during pregnancy
- Provide labor and delivery education
- Provide postpartum education
- Provide breastfeeding support
- Mom and baby care
- Educate about a safe sleep environment
- Follow mom and baby until age one
- Infant development
- Parenting skills
- Stress Reduction
- Family Planning







Department of Health



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Mondays - Thursdays: 8:30am - 8:00pm Fridays: 8:30am - 12:00pm